



# training session forms pre-session quiz



<b>SCHOOL:</b>				
<b>CAMPUS (if applicable):</b>				
<b>SUBURB / TOWN:</b>				
	<b>STATE:</b>		<b>POSTCODE:</b>	
<b>DATE OF SESSION:</b>				

School role of person completing this review:  Teacher  Administrator  Leadership  Other:

- Asthma is a condition occurring in the \_\_\_\_\_
- Three signs that a person has asthma are (1) \_\_\_\_\_  
(2) \_\_\_\_\_ (3) \_\_\_\_\_
- Three triggers for asthma are (1) \_\_\_\_\_  
(2) \_\_\_\_\_ (3) \_\_\_\_\_
- The school's asthma emergency kits are kept  
\_\_\_\_\_
- Do you feel competent to undertake the Asthma First Aid procedure? Yes No  
If yes, fill the spaces for the procedure for Asthma First Aid  
Position the student \_\_\_\_\_; \_\_\_\_\_ the puffer; Using a  
\_\_\_\_\_ puffer and a \_\_\_\_\_, give the student \_\_\_\_\_ puffs,  
taking \_\_\_\_\_ breaths after each puff; Wait for \_\_\_\_\_ minutes; If there is no  
improvement \_\_\_\_\_; If condition worsens or you are  
concerned \_\_\_\_\_ and \_\_\_\_\_.

### True or False?

- |                                                             |      |       |
|-------------------------------------------------------------|------|-------|
| 6. Asthma is a serious condition that can cause death       | True | False |
| 7. There is no cure for asthma                              | True | False |
| 8. A person's first asthma attack can occur without warning | True | False |
| 9. Air temperature does no affect asthma                    | True | False |
| 10. Students with asthma should not exercise vigorously     | True | False |
| 11. All asthma puffers can be used in an asthma emergency   | True | False |
| 12. Asthma emergency medication is safe in all situations   | True | False |

**Thank you for taking the time to complete the quiz**

**PLEASE RETURN YOUR FORM TO THE ASTHMA SESSION TRAINER**



Funded by the  
Australian Government  
Department of Health and Ageing



Please return completed form by post, fax or email to: The Asthma Foundation Victoria | 491-495 King Street WEST MELBOURNE VIC 3003  
Fascimile: +61 3 9326 7055 | Email: schools@asthma.org.au | For more information visit our website: www.asthmafriendlyschools.org.au

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