

Welcome Back for 2008

Welcome back to the first term 2008

I hope you enjoyed your break and looking forward to a positive and happy new year.

*The Northern Territory had a very successful 4th Term in 2007 and to date **22 schools have joined, continued or renewed their AFS status in 2007.** Enthusiasm already this year is indicating we are going to have a highly successful 2008 Asthma Friendly® Schools program.*

*The last reported statistics show **78.33%** of Northern Territory Schools are now **Registered** in the AFS program and **36.67%** have met the 8 essential criteria and are **Recognised** as an Asthma Friendly School.*

*How does your school progress from **Registered** in the program to receiving an Asthma Friendly School **Certificate of Recognition**?*

This has been made easier from Term 1 2008.

*Go to the AFS website, click on **Schools/Program forms /NT version** complete the online Recognition form. **If you need any assistance with this process please contact me at the address below.***

This newsletter is provided each term giving your school access to up to date information about asthma, the Asthma Foundation of Northern Territory and the Asthma Friendly Schools program.

Please do not hesitate to call me at the Asthma Foundation if you have any questions

I look forward to speaking with you or meeting with you over the next 12 months.

Kind regards

Jill McGee
Education Manager
Asthma Friendly Schools Coordinator
Asthma Foundation NT

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Phone: 89228817
Fax: 89228616
PO BOX 40456 Casuarina NT 0811

AFS National Training Package

The Asthma Friendly Schools National Training Package is coordinated nationally and runs in every State and Territory of Australia through the Asthma Foundations of Australia. All schools are offered the opportunity to provide staff with information to understand asthma, identify symptoms of Exercise Induced Asthma, manage an asthma emergency should it arise, and oversee daily asthma medication use by students on excursions or camps.

With the commencement of the new school year you may have new staff requiring an update to understand and identify asthma symptoms and perform the Asthma Emergency First Aid Procedure.

A one hour AFS Training package will provide information for all school staff on:

- Asthma facts, symptoms, triggers, medications
- Exercise induced asthma
- The Asthma Friendly Schools program
- Recognising and assessing an asthma attack
- Asthma First Aid

Asthma First Aid Posters are supplied to schools when they register in the program and additional copies can be downloaded from the AFS website.



Visit www.asthmafriendlyschools.org.au to download an Asthma First Aid Poster for your classroom or contact the Asthma Friendly Schools Coordinator on **89228817** for more resources.

If you are unsure of the level of your schools involvement in the program access the AFS Home Site. You can search for your schools status by entering the schools name on the data base.

Asthma Emergency First Aid Kits

An Asthma Emergency First Aid Kit is available to all schools following completion of the Asthma Emergency First Aid Training .

The (AEFA) Kit comes in an easy to carry bum bag containing a spacer, instructions for use, alcohol swab and documentation sheet. Following training, schools can purchase a blue reliever medication (bronchodilator) to be kept in the kit for emergency use.

School staff attending the one hour Asthma Emergency First Aid Training will have the skills to deliver asthma emergency care in the event a student, staff member or visitor displays signs of asthma.

Asthma Emergency Kits for schools are:

\$33.00 non members

\$30.00 members

Please call Jenny at the Asthma Foundation of NT on 89228827 to order your kit.

When you purchase a spacer:

- Dismantle spacer and wash in detergent and hot water
- Air dry

This is priming the spacer for its first use.

Instructions for cleaning spacers following use:

- Always clean after each use
- Dismantle spacer and wash in detergent and hot water
- Do not rinse or wipe dry – allow to air dry
- When dry, wipe mouthpiece with 70% alcohol swab
- Discard and replace spacer if contaminated with blood

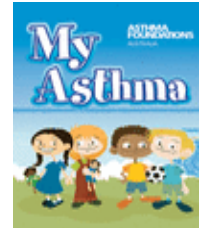


New Resources for the classroom

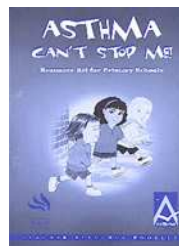
The NEW asthma resource 'My Asthma' provides information on the management of asthma designed for children.

There are activities for use in the class room available from the website and there are also two new resources available soon.

"Brenda's Story" is now available on DVD for primary students will be available in first term 2008.



Please check your library or resource centre for these resources:



For Primary schools



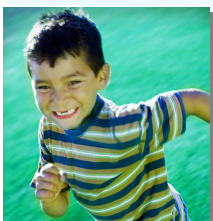
For Secondary schools

It was exciting and refreshing to read a schools Re-recognition form, sharing their special experience in the classroom.

Students with disabilities at this school were able to enjoy "Asthma Cant Stop Me - Brenda's Story" by staff using sign language to present the story.

If you have a story to share about the benefits of the Asthma Friendly Schools resources in your classroom, drop me a line or two to share with others in the next newsletter.

Contact Jill at schools@asthmant.org.au



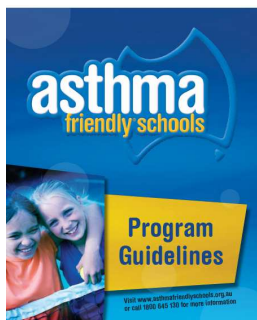
The aim of the Asthma Friendly Schools Program is to improve the quality of life, health outcomes and well being for school children with asthma.

Asthma Foundations of Australia

New! Guidelines for staff

Your school can receive a copy of the NEW *Asthma Friendly School Program Guidelines* by emailing your postal details to schools@asthmant.org.au

These guidelines provide details to assist schools to manage asthma by outlining information on;



‘What is an Asthma Friendly school?’

The 8 essential & 2 recommended criteria

Program Administration Forms

Why become and Asthma Friendly school?’

Further information regarding the AFS program is available on the website

www.asthmafriendlyschools.org.au

If your school requires additional copies of the guidelines, please contact the email address above.

C.A.L.D. what does it stand for?

CALD = Culturally and Linguistically Diverse

NUMBER OF STUDENTS	TOTAL:	Students with asthma*:
CALD students:		CALD students with asthma*:
Indigenous students:		Indigenous students with asthma*:

*please estimate if actual numbers unknown

Congratulations Asthma Friendly Schools

1st time Recognised as an Asthma Friendly School 2007

Araleun Christian school
Wagaman Primary school

1st time Registered as an Asthma Friendly school

Jabiru Area School
Nakara Primary school
St Francis Xavier (Daly River)
Living Waters Lutheran School

Recent Renewal of Asthma Friendly School Status

O’Loughlin College, St Josephs College, Katherine South PS, Katherine High, Namarluk School, Palmerston Christian School, Alice Springs High, St Philips College, Malak PS, St Andrews Lutheran, Berry Springs PS, Centralian Senior College, Essington School, Moulden PS, Henbury School, Nhulunbuy Christian, Casuarina Street PS.

“Recognition” as an Asthma Friendly School reverts to a status of “Registered” if the 8 Essential Criteria are not maintained within the 3 year period.

Schools requiring update of AFS status in First Term 2008

Darwin Leanyer PS, Parap PS, Stuart Park PS, St Mary’s, College, Belyuen PS, St Pauls College, Millner PS, Milkwood Steiner School, Dripstone Middle School, Darwin Middle School, Nightcliff Middle School, Sanderson Middle School, Moulden Park PS, Casuarina Senior College, St Johns College, Holy Spirit PS, Jingili PS, Nightcliff PS, Anula PS

Palmerston Taminmin Middle School, Palmerston Middle School

Katherine Katherine Middle School, Sacred Heart College, Woodroffe PS, Casuarina PS, Clyde Fenton PS

Alice Springs Gillen PS, Larapinta PS

Rural Nhulunbuy Middle School, Nhulunbuy High School, Tennant Creek Middle School, Bees Creek PS