

ASTHMA FRIENDLY SCHOOL NEWSLETTER Term 4 2007



Welcome back to the home stretch at the end of the school year.

As this is the last school term for 2007 and diary dates for training are becoming scarce please check your school's status as an Asthma Friendly School and contact me as soon as possible to book your 1hour Asthma Emergency First Aid training session for staff.

I have attached **"The Asthma Friendly Schools Cycle of Engagement"** for your perusal.

- Where does your school fit in the cycle?
- Has your school registered in the program (in the last 2 years),
- Have you booked an Asthma Educator to provide staff with a one-hour information session that will assist them in managing an asthma emergency at school?
- Are you an Asthma Friendly school?

In order to maintain Asthma Friendly School Status a school is able to be Re-recognised every three years. At this time an assessment is completed to ensure that the eight essential criteria are still being met and if satisfactory a new "Asthma Friendly" certificate will be issued for a further three years.

This and other information on how to achieve or continue your Asthma Friendly School Status can be found on the Asthma Friendly Schools website www.asthmafriendlyschools.org.au

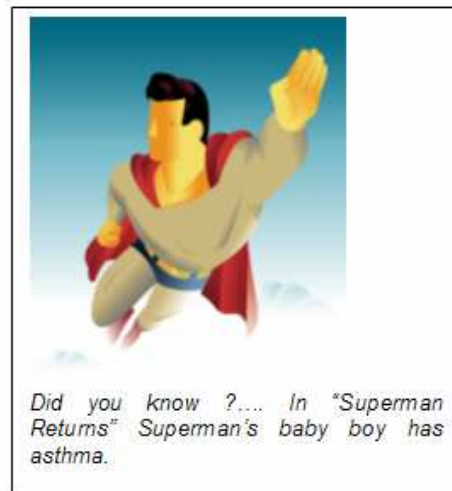
A new Asthma Friendly School "Door Sticker" and Asthma First Aid Poster are also available to all Asthma Friendly schools. Please contact me on 8922 8817 to have yours posted to you.

In the next term I will be visiting Katherine for training at:

St Josephs College
Katherine South Primary
Katherine High School

The following Darwin area schools should contact me to organise staff training or for help in completing the Recognition form:

Essington Primary
Gray Primary
Malak Primary
Millner Primary
Milkwood Steiner School
Moil Primary
Moulden Park Primary
Nakara Primary
Nightcliff Primary
O'Loughlin College
Palmerston Christian
Parap Primary
Sacred Heart Primary
St Andrews Lutheran
St Johns College
St Mary's Primary
St Paul's Primary
Stuart Park
Wagaman Primary
Woodroffe Primary



What is “Asthma Emergency First Aid Training”?

A one hour Power Point presentation of the National Asthma Emergency First Aid procedure training session (preferably not more than 20 attendees) that includes hands on use of spacer and puffer. This allows all staff to familiarise themselves with the 4x4x4 technique required to deliver Asthma Emergency First Aid according to the National Guidelines.

Why should staff attend?

Evaluations from staff attending sessions provided in the last nine months:

“I didn’t want to come but I am glad I did!”

“Excellent hands on (can touch things)”

“This is a great session and needs to be part of the school curriculum”

“So much better in a small group, actually absorbed the information”

“This course was highly valuable as it now makes me more confident to being able to successfully manage my two asthma students, which will ultimately benefit their health before any incidents occur.”

“As a mum I now understand my child’s condition much better”

How do you book a training session?

- Look at possible dates that would suit the majority of your staff to attend training. (require 75% of staff trained)
- Complete the “Request for Training” form found at www.asthmafriendlyschools.org.au
- **Post, Email or Fax to Asthma Friendly Schools Coordinator Jill McGee Fax 8922 8616.**
- You will receive a confirmation of the booking by letter and I will telephone you to confirm our arrangements prior to the session.
- Email or notify all staff of the diary booking and ask them to visit the Asthma Friendly Schools website

Good News :ADMINISTRATION OF MEDICATIONS TO STUDENTS WITH NOTIFIED MEDICAL CONDITIONS POLICY



New!! The Department of Employment, Education and Training (DEET) has released the much awaited policy “**Administration of medications to students with notified medical conditions**”

For a full copy of the policy visit www.deet.nt.gov.au/corporate/policies

This policy was developed by DEET, Asthma Foundation NT, Healthy Living NT and the Epilepsy Association and covers four chronic medical conditions, Asthma, Epilepsy, Severe allergies and anaphylaxis and Type 1 Diabetes.

Asthma Foundation Northern Territory encourages the adoption of this policy by all Northern Territory Schools as this not only assists students with medical conditions but also provides some consistency with chronic disease management between government and non-government schools.

Quick Quiz

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| Asthma is a condition of the small airways | true / false |
| Asthma only affects children | true / false |
| I need to be aware in case children “catch” asthma | true / false |
| Perfume, deodorants, sprays & chemicals can trigger asthma | true / false |
| Our school is an Asthma Friendly School | true / false |
| I know where our Asthma Emergency Kits are | true / false |
| Over 2 million Australians have asthma | true / false |
| 318 Australians died from asthma in 2005 | true / false |
| People with asthma should not exercise | true / false |
| 4X4X4 is a beverage from Queensland | true / false |
| Thunderstorms can trigger asthma | true / false |
| For more information on thunderstorms and the effects on asthma go to www.allergycapital.com.au | |