

World Asthma Day "You Can Control Your Asthma"



Tuesday May 5 is World Asthma Day. This annual event is organised by the Global Initiative for Asthma (GINA). The event aims to increase awareness of asthma and care on a world wide basis. The theme this year is "You Can Control Your Asthma"

The first World Asthma Day was celebrated in 1998, in more than 35 countries. Participation has increased with each World Asthma Day held since then, and the day has become one of the world's most important asthma awareness and education events.

Your school can help raise awareness of asthma by holding a World Asthma Day event. The Asthma Foundation of Victoria is happy to offer our support, in the form of knowledge, resources and information. Your schools event can also be posted on the World Asthma Day website.

For more information please visit the World Asthma Day website
www.ginasthma.com/WADWorldAsthmaDay

Alternatively contact the Asthma Foundation of Victoria for information or resources.
Email- schools@asthma.org.au or
Call- (03) 9326 7088

What does your Asthma Emergency Kit contain?

Each school should hold a minimum of 2 Asthma Emergency Kits. One to be kept at the school and one available to be taken off site, for sporting activities, camps and excursions.

Each kit should contain-

- Reliever Medication (check expiry dates)
- Spacer
- Emergency Kit card
- 70% alcohol swabs (for cleaning)



Asthma Update

The Autumn edition of The Asthma Foundation of Victoria's "Asthma Update" is now available. This edition includes-

- Information on the back to school spike
- Our back to school asthma management checklist
- Advice from our asthma advisors on weather and asthma & flu vaccinations
- The Asthma Foundation of Victoria's response to the devastating bushfires

To receive a copy of "Asthma Update" via email please email Randal Crocker at the Asthma Foundation of Victoria.

Email rcrocker@asthma.org.au
or
To download a copy visit
www.asthma.org.au



Asthma Control Packs

The Asthma Friendly School team has made available "Asthma Control Packs". These packs are free of charge for parents and students.

Asthma Control Packs provide information for students and parents to help them better manage their asthma. Please make your parents and carers aware of this offer.

The packs include asthma actions plans, asthma score cards, information brochures and flyers and asthma first aid procedures.

To order a pack please advise parents and carers to contact Sarah or Louisa at the Asthma Foundation of Victoria.

Call: (03) 9326 7088
Toll Free: 1800 645 130
Fax : 9326 7055
Or email us at
schools@asthma.org.au



Asthma Friendly Schools Program contact details

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Email: schools@asthma.org.au Web: www.asthma.org.au or www.asthmafriendlyschools.org.au



Asthma Friendly Schools Program Newsletter

Term 2, 2009

Congratulations To the Incentive Winners

The response to the Term 1 2009 incentive prize draw was huge!

Congratulations to the following winners-

1st Prize-

Corio West Primary School

Corio West Primary School have won a Daewoo 66cm LCD TV/DVD combo valued at \$1,099.

2nd Prize

Rye Primary School

Rye Primary School have won a Daewoo DVD player valued at \$99.

The Asthma Friendly Schools team will be visiting these schools in Term 2 to deliver their prizes. Again Congratulations!

FREE Staff Asthma Training Update Session

Have your staff undertaken an asthma training session in the past 12 months?

If your school is already Asthma Friendly, your staff would have undertaken an asthma training session, but it is advised that they receive an update every 12 months.

This update will refresh the procedures to those who previously had undertaken the session but also allows for any new staff to remain up to date on the Asthma First Aid Procedures.

Asthma first Aid



To book your schools FREE asthma update session complete a staff booking form [online or email schools@asthma.org.au](http://schools@asthma.org.au)

Become Asthma Friendly in Term 2 and WIN!!

Renew your schools Asthma Friendly Status or make your School Asthma Friendly for the first time during Term 2 and you will enter a special prize draw!!

To be eligible your staff must undertake a free one hour asthma education session and return a completed copy of the Recognition Checklist before **Friday 26 June 2009.**

Return it either by post, email, fax or alternatively complete it online at- www.asthmafriendlyschools.org.au.

1st prize- Daewoo 66cm LCD TV/DVD combo

2nd Prize- Daewoo DVD player

Lite Air Spacers

Lite-Aire Spacers are a new disposable spacer that can be purchased through The Asthma Foundation of Victoria. The spacers are made from cardboard, can be stored flat and are single use only (i.e. they cannot be cleaned and must be discarded after use). The spacer can be used by an individual for up to one week. The spacers are \$7.50 each.



During Term 2 a Special Price Offer is available. Your school can purchase 25 spacers for only \$150!!

That is a saving of over 20%!!

Bubble Ball 2009

It's on again! The Asthma Foundation of Victoria will be hosting its fourth annual Bubble Ball event to 'Blow Asthma Away'.

- When:** Saturday May 16th, 2009
- Where:** Peninsula, Central Pier, Docklands, Melbourne
- Dress:** Formal – Black Tie optional
- Ticket Cost:** \$160 each. Tables of 12 available. (Corporate tables also available)
- RSVP:** Friday 1 May, 2009

For all reservations, bookings and other enquiries, please contact **Kassandra Koudelka** on (03) 9326 7088 or kkoudelka@asthma.org.au or visit www.bubbleball.com.au

Congratulations to schools that became Asthma Friendly in Term 1, 2009

Schools that became Asthma Friendly for the First Time-

Altona Primary School, California Gully Primary School, Camp Hill Primary School, Dhurringile Primary School, Donald Primary School, Echuca College, Epping Views Primary School, Geelong Lutheran College, Glenvale School - Swan Hill - 7-10, Guildford Primary School, Highton Primary School, Lockwood Primary School, Lockwood South Primary School, Lowanna College, Maiden Gully Primary School, Marong Primary School, Mount Clear Secondary College, Mount Scopus Memorial College - Gandel - 7-12 - Burwood, Pascoe Vale Primary School, Plenty Valley Christian College, Pyramid Hill College, Rangebank Primary School, Sacred Heart Girls' College, Sacred Heart Primary School - Sandringham, Skene Street School - Stawell, St Ambrose Primary School - Woodend, St Marys School (1523) - Rushworth, St Mary's School (496) - Colac, St Patricks Parish School - Mentone, St Thomas Mores School - Mount Eliza, Tooborac Primary School

Renewal of Asthma Friendly School Status-

Airly Primary School, Badger Creek Primary School, Bairnsdale Primary School, Beaufort Secondary College, Benalla College - Dunlop Campus 11-12, Benalla College - Faithfull Campus 7-10, Bethany Catholic School - Werribee, Big Hill Primary School, Brauer Secondary College - Warrnambool, Bridgewater Primary School, Carrum Downs Secondary College, Castlemaine Primary School, Chewton Primary School, Corio West Primary School, Deer Park West Primary School, East Loddon P-12 College, Elmhurst Primary School, Eltham High School, Emerson School - Dandenong, Emmaus Catholic Primary School - Sydenham, Euroa Secondary College, Fawkner Primary School, Gleneagles Secondary College, Guthridge Primary School - Sale, Guthrie Street Primary School (Shepparton), Haileybury College - Newlands Campus K-9, Hoppers Crossing Secondary College, Ivanhoe East Primary School, Kalianna Special School - Bendigo, Katunga South Primary School, Lancefield Primary School, Langley Primary School, Lindenow Primary School, Luther College - Croydon, Mallacoota P-12 College, Mazenod College - Mulgrave, Maldon Primary School, Mercy College - North Coburg, Mill Park Heights Primary School, Mill Park Primary School, Montrose Primary School, Moreland Primary School, Mortlake P-12 College, Mount Macedon Primary School, Newham Primary School, Newhaven College P-12, Newstead Primary School, Newtown Primary School, Olivet Christian College - Campbell's Creek, Osborne Primary School - Mount Martha, Oxley College - Lilydale, Pakenham Consolidated School, Plenty Valley Montessori School, Portland South Primary School, Rye Primary School, Salesian College (1485) - Chadstone, Seaford Primary School, Specimen Hill Primary School, St Albans North Primary School, St Anthonys Primary School - Lara, St Brendans School (156) - Shepparton, St Carlo Borromeo School - Greenvale, St Catherines School (1116) - Toorak, St Charles Borromeo School - Templestowe, St Francis de Sales School - Oak Park, St Johns Greek Orthodox College -Preston, St John's Lutheran Primary School (1617), St Josephs School (1373) - Red Cliffs, St Monicas Primary School - Moonee Ponds, Sunshine Christian School, Sussex Heights Primary School, Swan Hill Specialist School, Taylors College - Melbourne, Templestowe Valley Primary School, Toora Primary School, Traralgon Primary School (Stockdale Rd), Viewbank Primary School, Wandin Yallock Primary School, Wangaratta High School, Werrimull P-12 College, Westbourne Grammar School (1003) Junior P-4 Williamstown Campus, Westbourne Grammar School Junior P-6 Truganina, Westbourne Grammar School Senior Campus 7-12 Truganina, Wheelers Hill Primary School, Yarram Primary School, Yarrunga Primary School

Asthma Friendly Schools Program contact details

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