

# Asthma Airways



## Term 4, 2007

Dear Schools,

Welcome to the second edition of the Asthma Friendly Schools Program newsletter - Asthma Airways.

The start of September was National Asthma Week, which promoted the slogan 'Asthma is serious – you can take control'.

With one in every six children in Australia living with Asthma, Chief Executive Officer of the Asthma Foundation of Victoria, Robin Ould said "this chronic condition has a huge impact on the lives of many Australian children and their families. However, just because asthma is so common, we shouldn't be complacent about it. Every person with asthma should have a Written Asthma Action Plan that tells them how to manage their asthma on a daily basis, how to recognize when asthma is getting worse and what to do in an asthma emergency." A Written Asthma Action Plan should be kept at the school for each student who has asthma. It is a plan which is developed with the doctor and is a key step in controlling asthma.

I would also like to draw your attention to a new staff training package we now have available. This is a FREE one-hour training program for all school staff to assist with managing asthma in your school. Due to the demand of this training session, we would advise you to submit your preferred dates as soon as possible to avoid disappointment.

As you are probably aware, at the beginning of each new school term we email two short articles on asthma, which are designed to be copied and pasted into your parent newsletter as appropriate. Using these articles helps satisfy criteria 7 (information for parents) of the eight essential Asthma Friendly School criteria. Term 4 addresses asthma in springtime and travelling with asthma.

If we can assist at all with any further information about the program or you would like to order any resources, please do not hesitate to contact us.

Happy reading,  
Alisha



## Congratulations to our new Asthma Friendly Schools! Well done!

53% of Schools in Victoria are now Asthma Friendly. The list below shows the schools that became Asthma Friendly in Term 2 and 3, 2007. If you would like more information on the Asthma Friendly Schools Program or if it is time for your school to renew it's Asthma Friendly Status, please contact The Foundation on (03) 9326 7088. You can also look on the website [www.asthmafriendlyschools.org.au](http://www.asthmafriendlyschools.org.au) to see whether your school is an Asthma Friendly School.

Amsleigh Park Primary School	Laverton Secondary College
Altona Meadows Primary School	Lockington Consolidated Primary School
Ascot Vale Special School	Longwarry Primary School
Beaumaris North Primary School	Lysterfield Primary School
Black Hill Primary School	Marnebek School
Brighton Primary School	Manangatang College
Buchan Primary School	Metung Primary School
Buln Buln Primary School	Millwarra Primary School – Millgrove Campus
Buninyong Primary School	Millwarra Primary School – Warburton East Campus
Cambridge Primary School	Mont Albert Primary School
Caroline Chisholm Catholic College – Sacred Heart Campus	Mount Evelyn Special Development School
Caroline Chisholm Catholic College – St John's Campus	Mount Scopus Memorial College – Gandel Besen House Campus
Caroline Chisholm Catholic College – Christ the King campus	Mount View Primary School
Catholic College – Bendigo La Valle Campus	Mount Waverley Primary School
Chandler Primary School	Nanneella Estate Primary School
Christ the King Primary School	Niddrie Primary School
Comet Hill Primary School – Bendigo	Northside Christian College
Croydon Special Development School	Nullawil Primary School
Croxton Special School	Numurkah Secondary College
Damascus College – Junior Campus	Nunawading Primary School
Damascus College – Senior Campus	Point Cook Primary School
Derrimut Heath Primary School	Presbyterian Ladies' College
Donburn Primary School	Preston East Primary School
Doncaster Secondary College	Rosedale Primary School
Donvale Primary School	Roxburgh Park Primary School
Drouin Secondary College	Sacred Heart School
Echuca East Primary School	Sacred Heart College - Yarrawonga
Echuca South Primary School	Serpell Primary School
Geelong Grammar School – Bostock House	Seymour Technical High
Great Ryrie Primary School	Sherbrooke Community School
Heathdale Christian College	Shepparton East Primary School
Hepburn Primary School	Siena College
Invermay Primary School	Springvale West Primary School
Karoo Primary School	St Anne's School – Park Orchards
Kerang Technical High School	St Arnaud Secondary College
Korumburra Primary School	St Columbas School



St Georges Road Primary School  
St Gerard's School  
St Joseph's College  
St Leonard's Primary School  
St Mark's School - Fawkner  
St Mary's Primary School – East Malvern  
St Mary's School – Echuca  
St Peters' Primary School  
St Therese's School  
Stratford Primary School  
Swan Hill Secondary College  
Tatura Primary School  
Thomas Carr College  
Toongabbie Primary School

Tullamarine Primary School  
Toorloo Arm Primary School  
Wallington Primary School  
Warragul and District Specialist School  
Warrnambool College  
Watsonia Primary School  
Wesley College School – Glen Waverley Campus  
Western Heights College – Barton Campus  
Western Heights College – Minvera Campus  
Wilmot Road Primary School  
Western Heights College – Quamby Campus  
Whitefriars College

## Website Logo

Asthma Friendly Schools are invited to place the 'Asthma Friendly' Logo on their website as a way to promote your school as Asthma Friendly. This can also be linked to our Asthma Friendly Schools Program website. If you would like to receive the logo and use it on your website or include it in your newsletter, please email [schools@asthma.org.au](mailto:schools@asthma.org.au). 'Asthma Friendly' is a registered trademark of the Asthma Foundations of Australia, and therefore terms and conditions apply.



## Asthma Friendly Schools Resources

A reminder that the new posters are now circulating. If you would like further copies of the posters which are available in 2 sizes, A2 and A4, please contact us.

We also have Asthma Emergency Kit for sale containing: bumbag, spacer, alcohol swabs and asthma first aid card (Reliever medication must be purchased from pharmacy). These kits can be purchased from the Foundation for \$29.70 (+postage and handling).



Australian Government  
Department of Health and Ageing



'Asthma Friendly' is a registered trademark of the Asthma Foundations of Australia.